



#OHteens4Health

Health Summit by Youth, for Youth

An interactive and informative look at issues affecting teens in Ohio

Bring a team of three and be a part of our first summit to promote health action and advocacy among teens. Topics to be presented include: sleep advocacy, positive relationships, mental health, foods that heal, inspiring physical activities, cyber-safety, driving safety and more. This event is open to all youth (9-19 years) and the adults who work with them. We encourage one adult mentor per team. Recruit your team today and make a difference in your community tomorrow!



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

SATURDAY
NOV 12
10A.M. to 3:30P.M.

Nationwide and Ohio Farm
Bureau 4-H Center
\$35 per person (meals
and materials included)

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