

WINTER 2014

CES BOARD	2
SECRET FRIENDS REVEALED	
PERSONAL GLIMPSE	3
MICHELLE MOON	
EXCELLENCE AWARD	4
DOROTHY REX AWARD	
ANNUAL MEETING	5
RECOGNITION	
SILENT AUCTION RECAP	6
ANNUAL MEETING THANK	7
YOU NOTES	
OPPORTUNITIES	7
• CULTURAL INTELLIGENCE	
CENTER	
• DISTINGUISHED STAFF	
AWARD	
• SAC PROFESSIONAL	
DEVELOPMENT AWARD	



The purpose of this fraternity shall be to maintain the standards and ideals, uphold the morale, prestige and respect of Ohio State University Extension support staff, to develop an effective working relationship and a spirit of fraternal fellowship among the present and emeriti employees of Ohio State University Extension, and to encourage professionalism within Extension.

Chi Epsilon Sigma News

Extension Support Staff Fraternity

Alpha Chapter



On December 3, 2013, CES held its Annual meeting, Professional Development and on December 4th the Extension Annual Conference. Nicole Greer, a motivational speaker and life coach, gave a great presentation as our Keynote speaker for the CES Dinner. On behalf of CES, I would like to thank Dr. Keith Smith and Administration for funding this exceptional lady.

A shout out also goes to Cindy Buxton, Kathy Lechman, and Lindsay Badertscher for presenting at our afternoon of CES Professional Development.

Looking at Nicole's website, I came across a piece about becoming a Conscious Leader. In order to do that, I need a trusted personal board of directors that gives honest feedback for important milestones. I trust that I will have that type of board. Actually I dare them to be that type of board. But, beyond the board, there also needs to be a membership that is also giving opinion and reaction. We need to know that all member's wishes, ideas, concerns and general thoughts are being heard and acknowledged. To all members, do not hesitate to contact your Regional Directors and share with them your thoughts. Answer emails from your Directors, even if it is to say everything is ok. Also, CES meetings are for ALL members to attend via Carmen Connect or in person. **MARK YOUR CALENDARS!** Meetings are scheduled for January 29, April 24, August 21 and October 21 at the 4-H Center. Times vary check the website. Your input is of utmost importance. This is your Chi Epsilon Sigma.

At annual meeting, Secret Friends were revealed and new relationships are beginning. Most of us like to receive, so keep that in mind with your Secret Friend. I say that as much or more to myself as I do to others.

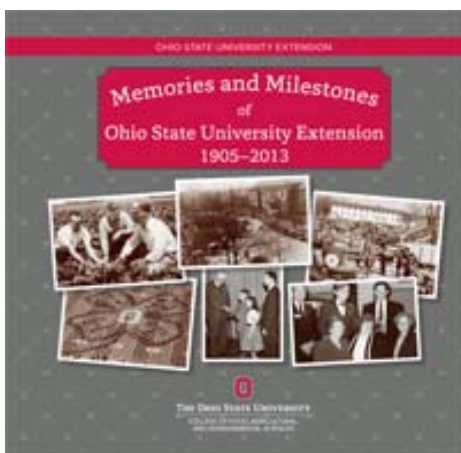
Congratulations to Cheryl Fischnich, the 2013 recipient of the Support Staff Excellence Award.

2014 is Extension's 100th anniversary of the Smith Lever Act (1914), which signed into law funding for the Extension system. Administration is in the planning stages of a Celebration. What plans does your county have for celebrating? Let us know so that we can share the ideas.

On a closing note, I have learned twice over in the last 5 months...Life is short, there is no time to leave important words unsaid.

Marianne Guthrie

CES President



Memories and Milestones of Ohio State University Extension 1905-2013

This book "...is not only a history of Ohio Extension, but a book about all the people who worked or were touched by Extension programs. --- Dr. Marilyn R. Spiegel

CES contributed a section to this publication. All employees were encouraged to pick up a copy at Annual Conference. If you haven't received yours or would like a copy for some one you know, it is available for purchase at eStores.

Secret Friends Revealed

2013 CES Secret Friends were revealed at the CES Annual Meeting.

- Krista Bradley had Beth Young as her Secret Friend
- Jenny Cudd had Kathy Mohler as her Secret Friend
- Linda Good had Lisa Murphy as her Secret Friend
- Lee Ann Hiatt had Linda Newman as her Secret Friend
- Patti Holbrook had Jenny Lindimore as her Secret Friend
- Melissa Hudelson had Cindy Scherger as her Secret Friend
- Paige Jenkins has Krista Bradley as her Secret Friend
- Jenny Lindimore had Jenny Cudd as her Secret Friend
- Cathy Minor had Lee Ann Hiatt as her Secret Friend
- Kathy Mohler had Cathy Minor as her Secret Friend
- Lisa Murphy had Melissa Hudelson as her Secret Friend
- Linda Newman had Paige Jenkins as her Secret Friend
- Cindy Scherger had Linda Good as her Secret Friend
- Beth Young had Patti Holbrook as her Secret Friend

Note: Secret Friends for 2014 were assigned to members requesting this fun activity. If you've misplaced your new Secret Friend Info Sheet, contact CES Annalist Debbie Delp at delp.4@osu.edu.



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Visit our new website!
ces.osu.edu

CES Personal Glimpse: Michelle Moon, Carroll County

A little over a year ago, I recognized something important. Somewhere along life's path, I had veered a long way from my original plan for a career. For a small span of time, I thought working in the corporate world was what I wanted.



Oh how wrong I was! I missed home, family and farm life. So, I decided to fix it! I started looking for a position that would allow me to become a part of my local community. A position that would allow me to work with the public, use my computer skills and organizational know how.

While I was searching, the position for an Office Associate for the Carroll County Extension office became available. What a perfect position for me! I knew I could find a position that would allow me to use my skills, but I never thought that I would be able to find somewhere that it's considered normal for you to hear conversations about how to improve your herd of sheep, identify a bug that's eating your tomatoes or listen to a child talk about the first time they stepped in a show ring.

When our two boys were small, my husband and I realized that we wanted them to grow up in a small community that was similar to how we were raised. Somewhere that valued nature, agriculture and family life. We found Carroll County and moved here 18 years ago. The boys joined 4-H and I became an Advisor. As the boys were growing up, we kept a few dairy goats, a small flock of sheep and raised some hogs over the years, but our favorite was poultry. Part of our

property even became a conservation plot for the National Wildlife Federation as an FFA project for one of the boys.

Thanks to my position with Extension that allows me to stay close to home, we are once again enjoying life on our small farm. Now that our boys have grown into successful young men we have scaled things back to a small flock of chickens and a large garden.



There is just no better sound than a rooster crowing or the contented cluck of a hen as she scratches in the dirt. The garden provides us with fresh food and I can and freeze plenty of produce for the winter months.

Don't tell my husband, but I plan on adding a few goats back into the picture too. My husband and I sell Artisan breads at the local farmer's market on Saturdays and enjoy the camaraderie of the vendors as well as our customers.

We have been truly blessed and life is good.

Michelle

Editor's Note: You will be seeing more of Michelle. Though relatively new to Extension and CES. Michelle was elected Vice President at the Annual Meeting on December. She will be a great asset to our organization!

CES Thank You Notes for Annual Meeting



Jim Warner, Director of Food and Nutrition Services at the Wexner Medical Center (and a graduate of the Culinary Institute of America) for a great behind-the-scenes tour of the hospital food service operation.

We learned about food preparation for patients, visitors and staff; how technology & robots improve the quality of life for employees and patients; and how meals at the Wexner are the very antithesis of "hospital food!"



Our afternoon workshop presenters, from left to right:

- ◆ Nicole Greer, Life Coach, Vibrant Coaching
- ◆ Kathy Lechman, leader, Diversity Development, HR
- ◆ Cindy Buxton, Asst Manager, Business Operations
- ◆ Lindsay Badertscher, Health Coach, OSU Health Plan

For your support of CES and your informative and motivating messages!

...and last but not least, our 2013 Planning Committee: Tami Combs, Patty Corfman, Amanda Forquer, Linda Good, Lee Ann Hiatt and Crystal Ott.

You dotted every "i" and crossed every "t", but more importantly you gave of your time and talents for your fellow CES members. **Thank You All!**

2013 Support Staff Excellence Award – Cheryl Fischnich

Cheryl Fischnich, Office Associate at the North East Regional Office was recognized at Extension Annual Conference on December 4 with the 2013 Support Staff Excellence Award. Cheryl was nominated by her supervisor and co-workers in the business office and the regional office. Excerpts from the nomination included:

Cheryl recently celebrated her 30-year anniversary with Extension. Her primary responsibility in the regional office is to provide leadership to the information management system. Her experience and compassion make her a valuable collaborator to all our efforts. She consistently models helpfulness, teamwork and professionalism.

She has gone above and beyond this year to assist new county directors and offices that are short staffed to organize and implement effective information systems. Cheryl is proactive. She often anticipates the needs of county staff and shares information effectively with all through direct communication regional newsletters and emails.

Cheryl is a charter member of CES and has served on the Board as Annalist from 2004-2006 and has been an

active and energetic participant in fundraisers and activities.

Cheryl serves on the Business Office Advisory Group and was instrumental in the development of the New Fiscal Employee Training now available on the Business Office Website. as well as the CFAES Staff Advisory council for several years, and has served on the Communication and Technology Internal Advisory Committee.

Cheryl is extremely competent, productive and knowledgeable. She is recognized by all as highly skilled and sought out for her expertise. She personifies excellence in Extension every day.

Congratulations Cheryl!



Dorothy Rex Inspiration Award – Deborah Delp



Deborah Delp, Office Administrative Associate in Warren County is our 2013 Dorothy Rex Inspiration Award recipient. Debbie was nominated by fellow CES members and co-workers.

Debbie has served on the CES Board since 2007 in a variety of roles -- the last three years as Annalist.

Excerpts from the nomination include:

Her attitude is apparent in the CES website that she maintains. It's new look is fresh and attractive, informative and up-to-date. The newsletters are eagerly awaited and a joy to view. She spends hours researching appropriate, uplifting notes and articles. Deb's dedication makes this the best Association newsletter possible. She has made the "Secret Friend" activity a gem for all participants with her words of encouragement throughout the year.

In the county office, Deb is responsible for office management, customer service, accounting, tech support and much more. She has a tremendous capacity to think critically and find solutions for problems that baffle other co-workers. Deb has a wonderful "can-do attitude and her sparkle and enthusiasm provides a steady and dependable presence to everyone fortunate enough to work with her. Deb richly deserves recognition for her years of service, but more importantly for going the extra mile time and time again.

She has served on the Strategic Plan Review Committee, the both the 2012 and 2013 Annual Conference Planning Team. When called upon, she willingly lends her talents, expertise and focus to the task at hand.

There are many wonderful folks committed to the work of Extension and Deb is one of the best.

Congratulations Deborah!

"Our lives are richer and CES is stronger for having these two women in our midst!"

CES 2013 Annual Meeting Recognition

Professional Development Awards

*Each year Chi Epsilon Sigma awards two scholarships to CES Members interested in pursuing professional development that will enhance their role within Ohio State University Extension. Our newest recipients are Teresa Funk from Ag Admin and Linda Good from Miami County. **Congratulations to you both!***

Teresa plans to apply for the 2014/15 Women's Place Staff Leadership series. The scholarship will cover part of the \$700+ program fee for this yearlong series. My future leadership goal is to serve the greater OSU community as a member of the University Staff Advisory Council.

Linda plans to apply these funds to attend the 2014 TERSSA (The Extension Research and Support Staff Association) National Conference, October 1, 2 & 3rd in Baton Rouge, Louisiana. She would like to encourage all CES members to apply for CES Professional Development awards. The process is easy and it's a great way to accomplish a goal without straining our personal finances.



Newsletter, Brochure & Website

Julie Evans and Crystal Ott

Julie was recognized in the newsletter category and Crystal was recognized in the brochure category.

Years of Service Awards

5 years of service

Tonya Adkins, Warren County
Patty Corfman, West Region
Julie Evans, Pike County
Kimberly Roush, South Centers
Beth Young, Butler County

10 years of service

Terri Fisher, OSU CARES
Kate Loble, Human Resources
Ann Meyer, Putnam County
Debra Walters, Defiance County

15 Years of Service

Kathy Biery, Hancock County
Deborah Delp, Warren County
Lisa Murphy, Business Office

20 years of service

Vickie Snyder, South Central Region
Norma Unverferth, Putnam County

25 years of service

Lee Ann Johnson, South Central Region
Jenny Lindimore, Morgan County
Cindy Scherger, Seneca County

30 years of service

Joy Bodner, Guernsey County
Linda Duffey, Madison County
Cheryl Fishnich, North East Region
Nancy Miller, Franklin County

35 years of service

Kay Collins, Sandusky County
Drudy Yoakum, Union County

Our Newest CES Members

Christine Benson, OSUE Admin
Tracy Blackstone, Noble County
Katherine Feldhues, 4-H Youth Development
Marilyn Fisk, Hocking County
Kristen Lute, Scioto County
Patricia Milliken-Molihan, Vinton County
Lori Moff, Mahoning County
Michelle Moon, Carroll County
Lacie Murray, Scioto County
Kimberly Roush, South Centers
Linda Stacey, Jackson County
Faye Wilson, Athens County

A warm CES welcome to all of you!

2013 Silent Auction a Success!

The Silent Auction has been part of a long-standing, but evolving tradition for CES. What started 20 years ago as a raffle for a weekend get-away at an Ohio State Park, evolved into a raffle for a signed Longaberger Basket loaded with goodies, is now a 28-basket auction with something for everyone thanks to donations from CES members, county offices and state level offices. Thanks for helping us raise \$813 to support CES scholarships and awards!

We appreciate our buyers, our window shoppers and even those of you who just like to jack up the prices!

Special Thanks to our basket donors for their generous spirit and creativity!

Basket	Donated By:
Wine & Cheese	Ashtabula County
Appalachia/SE Ohio Basket	Athens County
Pet Items Basket	Bonnie Scranton
Best of the Southwest	Butler County
Burlap Wreath	Carroll County
Longaberger Basket/Candy	Tami Combs
Cupcake Basket	Patty Corfman
Time for Pampering Basket	
Crazy for Cats	Debbie Delp
Safe Home for the Holidays	Development of Living Skills, Butler County
Anchor Hocking Items	Fairfield County
Buckeye Fans	FCS Administration
Food Preservation Basket	Food Preservation Team
Get Fit!	Teresa Funk
Olive Oil Oasis	Linda Good
Car Wash Basket	Tracy Grody
Homemade Chocolates	Marianne Guthrie
M'm M'm Good - Soup	Henry County
Movie Night Basket	Jenny Lindimore
Pine Cone Wreath	Karen McDougal
Wrapped in Red Basket	Peg Meents
Chef's Basket	Linda Newman & Carol Miller
Go Bucks!	OSU Cares
Boys Dress Up Basket	Kate Shumaker
Girls Dress Up Basket	
OSU Neon Sign	John Smith
Death by Chocolate	South Central Regional Office
Gluten Free Basket	Stark County

We give what we can, when we can.

A very simple story from Danielle LaPorte

This is a very simple story about letting yourself off the hook for not being able to give as much as you'd like when you'd like, or as much as the people around you are able to give.

I've been meeting every month with the same five women for seven years. *Goddess Night*, we call it. Of course it's a divine lifeline. And of course, we bring food.

When we first started meeting my boy was a newborn and my first company was taking off, and I was five kinds of exhausted. I'd usually show up late to Goddess Night. My contribution to a beautiful potluck spread would be like, a bag of chips. Or half a sack of store bought cookies. One night, I actually brought a box of somewhat freezer-burned fruit popsicles. Classy, I know.

On the other hand, M. would make pots of incredible chili and home-baked bread. She'd crack open a jar of her home pickled pickles. The other Goddesses would bring dips and drinks and casseroles. I'd plunk my tortilla chips on the buffet table and we'd get to unravelling our lives.

Our lives are different these days. New jobs, relationships, one of us moved to Kenya (she Skypes in). Now we have Goddess Night at my place every month (I have the best sofa for pile ups.) And — get this, *I cook for everyone*. Well, I don't actually "cook", I prepare food, usually an incredibly hearty salad with a side of yam fries — hold the popsicles.

And now it's M. who's crazy busy — caring for her older parents, and a young child, and a job, and she's five kinds of exhausted. The last get together, M. brought ... a half a pack of crackers.

You can always put stuff on crackers.

End of story. (A love story.)

Money. Time. Energy.

If you have gold, bring gold.

If you have crackers, bring the crackers.

We give what we can, when we can.

Danielle LaPorte



"Professionally-speaking, I once ran a future studies think tank in Washington DC, and started my own communications company. I skipped college, raised money, wrote books, learned to speak multimedia, and generally learned everything I know through bursts of obsession." daniellelaporte.com

Don't Miss Out on These Opportunities!

Cultural Intelligence Center April 22-23

The College of Food, Agricultural, and Environmental Sciences, in partnership with the OSU Office of Diversity and Inclusion (ODI), is bringing the Cultural Intelligence Center to Columbus to provide Cultural Intelligence Level 1 Certification Training. The training will take place April 22-23 at the Nationwide and Ohio Farm Bureau 4-H Center. The CFAES Diversity Catalyst Team and ODI are sponsoring 10 slots from the college (including OARDC and ATI) to participate in this training. A brief application needs to be completed.

ALL faculty and staff are encouraged to apply!

CFAES would like to have representation from all positions on the Cultural Intelligence (CQ) Team. As a college, we will begin to offer CQ training to our faculty, staff, and students. In addition, ODI hopes to work with Ohio State-trained facilitators to offer the program university-wide.

The training is 1.5 days. Each attendee will become a certified level 1 CQ facilitator. The registration fee includes training materials, meals, CQ Multi-rater Assessment and, upon completion, access to the CQ assessment at a discounted rate for Ohio State faculty, staff, and students.

If you are interested, contact Kathy Lechman, program director and leader, Diversity Development, CFAES (lechman.1@osu.edu).

Submit your completed application by February 15.

The Women's Place at The Ohio State University

womensplace.osu.edu

Teresa Funk was awarded a Professional Development Award for a Leadership Series sponsored by this group. That got me curious and interested in learning more... Thought I might not be the only one. --DD

2014 Distinguished Staff Award

The Distinguished Staff Award recognizes 12 University staff members, who have had five years of continuous service, for exceptional accomplishments, leadership, and service to the university community by significantly improving or enhancing the quality of work-life in ways that make a substantial difference for their colleagues; contributing to outstanding and sustained improvements in customer services; and developing creative solutions to problems that result in significantly more effective and efficient university operations. The Office of Human Resources awards honorees a \$1,500 cash award and a \$700 increase to their base salary.

For information about previous award winners and an application packet, visit the HR website at:

<http://hr.osu.edu/special/dsa.aspx>

Nominations are due by February 17, 2014.

Get a Head Start!

SAC Professional Development Award Applications due in May.

You may have missed the deadline for the CES Award, but CES members are also eligible to apply for this one.

How could you use \$200 for Professional Development?

The CFAES SAC Staff Professional Development Award is funded through support from donations from current and former employees. It is offered to help supplement the costs associated with travel and fees for professional development opportunities for staff of the College of Food, Agricultural, and Environmental Sciences.

This is a one-time reimbursement for expenses related to professional development activities, not to exceed \$200.

SOME DAYS YOU MAKE THE COFFEE



SOME DAYS THE COFFEE MAKES YOU
