



A weed is no more than a flower in disguise. - James Russell Lowell

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The purpose of this fraternity shall be to maintain the standards and ideals, uphold the morale, prestige and respect of Ohio State **University Extension** support staff, to develop an effective working relationship and a spirit of fraternal fellowship among the present and emeriti employees of **Ohio State University** Extension, and to encourage professionalism within Extension.

# CES Newsletter Summer 2012

## Getting to the Root....

Dear Fellow CES members:

In late July, I took a day of vacation. As happens to a lot of us, it was not to take a trip, but to have the extra time to do much needed yard work. The yard work has suffered because I have allergy induced asthma. This summer has been horrible for allergy sufferers and I was unable to get outside to do much work.

By the time I went to weed the garden, the weeds were winning! I set about pulling and it took me back to when I was a child. One of the first jobs I had was weeding for a sweet, elderly lady on my dad's milk route. This will tell my age - I was paid \$1.00 an hour to pull weeds. It was tedious, but I really wanted that extra money! To make the job easier, I devised a game to see how many weeds I could pull with all the roots intact. I upped the ante by trying to measure which weed had the longest root. (Sadly, I am easily entertained!) So weeding my garden, I began the game again.

As I was pulling, I began to think. Everything begins at the root. Every plan, challenge, quandary has a beginning (root). To begin at the beginning enables a plan/solution to form. And wonderful things can happen. Case in point – Chi Epsilon Sigma.

CES began because Ohio State University Extension Support staff cared about each other. CES currently exists because CES members care about each other and their fellow support staff. CES is a viable organization because members are willing to go above and beyond their usual responsibilities in order to ensure that this Fraternity maintains the standards and ideals, uphold the morale, prestige and respect of Ohio State University Extension support staff, develops an effective working relationship and a spirit of fraternal fellowship among the present and emeriti employees of Ohio State University Extension, and encourages professionalism within Extension. We exist to strengthen ourselves and Ohio State University Extension. Through the years, CES has followed this purpose statement (our roots) and built the best Extension support staff fraternity in the USA. We are as relevant today as we were in 1986.

Sure, there are going to be challenges and solutions to be formed. Our reactions to those challenges speak to the strength of our association. CES continues to exist because of you and your dedication to the CES creed. Job Well Done.

Linda S. Good
Chi Epsilon Sigma President

## Do you man?

know this On July 2, 1862, President Abraham

Lincoln signed into

law the Morrill Act. This piece of legislation introduced by Rep. Justin Morrill (pictured above) of Vermont granted each state 30,000 acres of public land for each Senator and Representative under apportionment based on the 1860 census. Proceeds from the sale of these lands were to be invested in an endowment which would provide support for colleges of agriculture and mechanical arts in each of the states.

Founded in 1870, the Ohio Agricultural and Mechanical College became the land grant university for Ohio. The school opened its doors to 24 students in September 1873, graduated its first class of 6 men in 1878. The first woman graduated the following year.

In 1878, the college officially became The Ohio State University.

#### A Personal Glimpse: Cindy Kratzer, Brown County, Office Assistant

I have been with OSU Extension in Brown County for almost 12 years. Before coming to Extension I was in banking for 20 years and worked in an attorney's office for 2 ½ years.

My husband, Dickie, and I celebrated our 25th wedding anniversary last September, 2011.

My sister Susan went back to college at the age of 52, earned her Master's Degree and is now in her fifth year of teaching, which only goes to prove that you are never too old to go back to school.

Quincy, our adopted four-legged child (cat), is now 16 years old and still very active.

My interest are tennis, jig saw puzzles and walking. I am a member of St. Michael Church in Ripley, St. Michael School Committee, Ripley Tree Committee and Friends of the Russellville Library.



Growing up in a small town, I never knew that Extension even existed until I applied for the job of Office Assistant.

In January, 2001, I found a hidden treasure...OSU Extension.

cindy

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## The Art of Purposeful **Imbalance**

Famed tightrope walker Tino Wallenda and his family, the Flying Wallendas, have been walking on high

wires without nets for nearly a century. When asked how he maintains balance on a wire with nothing but earth beneath him, Tino gently corrects the assumption: "The reality is that you are never actually balanced; you are constantly making small adjustments - moving back and forth - and it's those constant movements that keep you on the wire. The truth is, if you stand still, you fall."

The same is true of harmonizing our personal and professional worlds. You are never actually balanced, nor should you try to be. To ensure a more harmonious existence, you must keep yourself moving carefully teetering and tottering between work and life activities. Like a tightrope walker, you must regularly make adjustments back and forth to keep standing. The key is being purposeful, having sound reasons for everything you do.



From: Duncan, T. (2010). Life on the wire: avoid burnout and succeed in work and life. Nashville:

This book and many others you may enjoy are available from the OSU Leadership Center. Details about their lending library are available on their website.

http://leadershipcenter.osu.edu

## 2012-13 CES Membership Drive

**Chi Epsilon Sigma** membership is open to all support staff who have at least a 45 percent appointment with Extension and to all OSUE support staff emeriti.

Annual CES membership dues are \$15 with free lifetime membership for emeriti. Extension administration has affirmed that dues may be paid from county/department budgets with unit director approval. CES offers six 'scholarships' to encourage staff in situations where budget constraints would otherwise prevent their participation. You can request an application by checking the appropriate box on the membership form.

CES strongly supports participation in the Annual Meeting & OSU Extension's Annual Conference. Thus, one scholarship will be awarded to defray the cost of mileage (and lodging if necessary) for a CES Member to attend. Simply check the appropriate box on the membership application to be considered for this award.

Membership information and the application will be available later this month at http://ces.osu.edu/membership.

Please join CES this year! Membership forms must be postmarked by October 15 in order to be eligible for awards and scholarships, to vote on Chapter business, or be a candidate for CES Director/officer positions.

Encourage your co-workers to do the same and

Experience the many benefits of CES membership for themselves.

## Make This YOUR Year?

#### Do you know someone who makes "Excellence" look easy?

Consider nominating them for the Support Staff Excellence Award. Funded equally by Chi Epsilon Sigma and Extension Administration, this \$1,000 monetary award recognizes the importance of knowledge, skills and exemplary service.

#### For those of you with a creative bent, enter some of your favorite pieces in the Newsletters, Brochures and/or Web Sites contest.

Entry information will be later this month and must be returned by September 30. Entries will be evaluated for layout, placement, treatment of graphics, printing and use of color. Additional criteria for web pages include: organization to speed retrieval of information, links, and special effects (animation) used.

#### Thinking about furthering your education or learning a new skill?

Let CES help you achieve your professional development goals with a \$200 scholarship for a program of your choosing. Two **Professional Development Awards** are available each year and you can apply more than once.

#### Is a "tight budget" making it difficult for your office to cover CES dues or the cost of attending **Annual Conference?**

Apply for our \$100 Annual Conference scholarship, or one of six scholarships for CES Membership — three for new members and three for returning members.

#### Are you retiring this year? CES dues & annual meeting fees are waived for our Emeriti.

### Save the Dates!

## **CES Annual Membership Meeting**

Tuesday, December 4, 4:30-8:00 pm

Nationwide & Ohio Farm Bureau 4-H Center

Program for the evening will include: Professional Development (choose from three options); Dinner and our Business Meeting. Registration for this event will be included on the Annual Conference Registration Form.

The fundraising committee plans to continue the TRADITION (and we all know that tradition in BIG at OSU) of holding a Silent Auction during Annual Conference. We would like to challenge every office in the state to participate by creating a themed basket... Perhaps something unique to your county. Watch for more information!



#### 2012 Annual Conference

**Ohio State University Extension** 

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## **Embracing the Past Building the Future**

Wednesday, December 5 at the Ohio Union

### All People Smile in the Same Language...

Share a happy thought with your Secret Friend this week!

Remember to sign up for our Secret Friend program in 2013.

Just complete the information sheet included in the membership packet.

You will receive information about your secret friend and a "getting started" packet in December.





## A personal glimpse: Bev Kelbaugh, South Central Regional Director

If I were to sum up my approach to life and learning, it would be "Jill of all trades and master of none." That maybe doesn't sound very positive on first read, but it boils down to the fact that I love to try new things.

I am an aspiring artist and craftsperson, and have gained a real appreciation of those who master their craft from hands on experiences with a number of media. I have not perfected my artistic skills in any area, but one day hope to spend a little more time on photography to capture my travels and wildlife viewing excursions, quilting and watercolor painting. I enjoy traveling with my husband Larry, who handles all the details of planning. We have three grown children and one grandson. I am currently helping my daughter, Debra, with some creative touches for her November destination wedding.

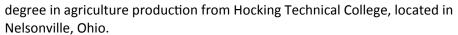
My career path was a little like a patchwork quilt as well. I have worked in the Geology Department for Consolidated Gas in WV; worked for a Caterpillar Tractor retailer as a clerk in the parts department; in retail - selling men's and women's sportswear, fabric, candy and even had a home-based craft kit business for a while. I taught retailing at WVU-Parkersburg and decided it was time to go back and get a Masters. I then worked two years during graduate school in the State 4-H Office at WVU and was a volunteer camping assistant during the summers. After, I obtained my Masters in Child Development and Family Relations, I was a director/teacher of a day care center for two years until my husband decided he wanted to go back to school. While in Florida I was a substitute teacher at the Developmental Research School and volunteer for the day care center at Florida State's University Village. After trying all these professions, I landed on my career as an Extension Educator in the mid 80s.

I believe all of those life experiences have helped me in my various roles in Extension. I love working with people and learning about the things they are interested in. The many jobs I have experienced certainly have helped me relate to every volunteer and colleague. I love Extension because we are here to make a difference in people's lives. It was rewarding to see youth grow and develop, but seeing my colleagues and young professionals that I supervise grow is exciting to me. I prefer to be on the sidelines supporting others to be more successful in their career than I ever

# A Personal Glimpse: Ted Wiseman ANR Educator, Perry & Licking Counties

I have been employed with OSU Extension since 2001 initially as a Program Assistant then as an Extension Educator in Perry County. Have served as a county extension director for Perry and Fairfield counties, and more recently a Co-Interim Regional Director for 14 counties in the South Central Region. As of September 1, I will be working as the Agriculture & Natural Resource Educator in Perry & Licking Counties.

I received my doctorate degree in swine nutrition in 2006, master's degree in swine nutrition in 1998 and bachelor's degree in animal science in 1994, all from The Ohio State University. I also have an associate



Our family operates a small Farm in Perry County, approximately 200-acres located near New Lexington, Ohio. We have a 25-head commercial cow/calf operation, 10 horses, and raise corn, forages and pasture. My wife Joleen and I have been married for 24 years. We have two sons, also graduates of Ohio State University, Wesley and Wyatt.



#### The BitBuckIT Newsletter

Each month our Regional Techs offer up an online newsletter full of pertinent information for those of us in Extension who rely so heavily on our computers. If you haven't had a chance to check it out, check out the September issue.

The BitBuckIT Newsletter

#### **Topics for September**

- You Need To Know: Identifying Hoaxes and Urban Legends in Emails and on Websites
- Reader's Write: Going Global
- Tech News: Mind Reading Tech
- Tech Humor: Backwoods Tech
- Training Opportunities
  - eXtension
  - ➤ Digital Union



## Jo Jones, PhD. 1950-2012

To pay tribute to an our 1990 Honorary CES Member and a lovely lady, our board would like to present a "Memoriam to Jo Jones" at our annual meeting.

If anyone has any photos of Jo, OSU memories or personal remembrances, they would be willing to share, please forward them to Vickie Snyder, snyder.252@osu.edu.

## **Updates from Staff Advisory Council**

During OSU Staff Appreciation Week (Aug. 13-17) your CFAES Staff Advisory Council:

- Mailed ALL staff in outlying offices (primarily Extension, OARDC) a "thank you" and a token of appreciation – a magnet. Please let me know if you did not receive these in your offices.
- On the Columbus campus, your Staff Advisory
   Council hosted an Appreciation Day with lunch, games, and a cake walk featuring baked goods from CFAES Administration and SAC representatives.
- On August 16, SAC hosted a showing of the documentary "A Man Named Pearl"
- CFAES SAC also provided ice cream sandwiches for OARDC's FunFest .

CFAES SAC will again provide \$1000 to sponsor a break at the Extension Annual Conference in December as a way to show appreciation to Extension personnel and help keep registration costs low.

Be on the lookout for information on the next CFAES SAC "Road Trip." All CFAES employees are eligible to participate. The Road Trip was developed a couple of years ago to expand knowledge of our college and all that it encompasses.

Thank you for the opportunity to serve Chi Epsilon Sigma as your CFAES SAC liaison. I welcome your input about how SAC can best serve <u>you</u>; and how we can better reach outlying offices, specifically, County Extension offices, to show appreciation and thanks for the outstanding job EACH of you do on a daily basis.

### Teresa Junk

CES Staff Advisory Council Liaison, Administrative Associate, ANR

## A Call to Serve.....

The past few months, I have heard several CES members express the desire to serve on the CES Board. However, they felt they didn't know enough about the organization to significantly contribute. I can speak directly to this concern. When I assumed the CES Presidency, I am not sure if anyone in CES history felt less prepared. I questioned my ability to lead this wonderful association.

I have come to understand that our positions and responsibilities on the CES board are ALL part of learning and growing in Extension. We truly cannot fully grasp what expertise and talents are needed until that position is assumed and we delve into our responsibilities. There are four major components you will discover serving in a CES position:

**One**: There are many CES brethren who are there to help us on our journey. My experience with the CES board has been one of camaraderie, support, and kind understanding. You are not alone because their counsel is always there to lift you up and that support reaches beyond the board to CES members who have lent their expertise when asked to serve on committees.

**Two**: In the process of serving you will discover talents you did not realize you possess. By stretching ourselves beyond our comfort zone, we flex our minds into areas not used in our everyday responsibilities. Two by-products of these discoveries are increased positive self esteem and a heightened belief in your abilities. Projects that seemed daunting are now doable because you have tackled "the big stuff".

**Three**: A better understanding of the Big Picture. Personally, working in a County Office did not allow me

exposure to Campus and Administration. Serving on the CES board has helped my understanding of Extension Departments other than my own. Through our interactions, other departments also come to better understand life in your office. Two-way communication enables all of us to better serve our clients.

**Four**: The realization that you are contributing to something bigger than yourself. When we step outside of ourselves and our interests and become aware of the statewide needs of our clients and other Support Staff, our understanding evolves. We contribute to answering the questions: what is needed? where is it needed? how is it needed? We actively contribute to keeping Extension viable and effective locally and statewide. This is the next tier in becoming a valuable contributor to Chi Epsilon Sigma and to the betterment of Extension.

When Patty begins her search for CES board members, please thoughtfully consider where you can best serve.



Feel free to ask questions about the positions. Don't be afraid to discover where your talents and expertise can help not only your fellow Support Staff, but Extension as a whole.

I encourage you to become a member of the CES Board. You will continue to learn and grow alongside your fellow CES members.

Sincerely,

Linda Good

Chi Epsilon Sigma President

## **OSU Apparel Fundraiser**

As you consider next year's programming, camps, fairs, teams, office appreciation and recognition and all-around morale boosters, consider supporting CES at the same time and order Extension branded apparel as an office. \*\*

It is with great pleasure that we, CES, can provide an apparel offer for all Extension staff from a trademark licensed vendor. A variety of items are available: Jackets, vests long and short-sleeved shirts in both men's and women's sizes and a range of colors. The order deadline is September 27 so that orders can be routed to offices in early November.

CES is sponsoring this fundraiser to ensure the continuity of our prestigious Extension Support Staff Excellence Award with its \$1000 award and stately plaque. Our hope is that you find something that you like, maybe 2 or 3 things, and help us achieve our goal. THANK YOU IN ADVANCE FOR YOUR ORDER!

Visit the website for more information of to access the interactive order forms:

http://southcentral.osu.edu/ces-fundraiser/ces-fundraiser-argento-bros-items

<sup>\*\*</sup> Orders can be placed by individuals, but offices can order without paying royalty fees or sales tax.