

## Biometric Health Screening Form

Dear Primary Care Provider (PCP):

I am participating in the Ohio State University Health Plan (OSUHP). As a requirement upon benefit enrollment election, I have agreed to complete a biometric health screening. These numbers are needed to complete my Personal Health & Well-Being Assessment (PHA) and will need to be provided to OSUHP to earn an incentive. Please complete Section 2 below and fax the completed and signed form to OSUHP by September 30, 2015.

**SECTION 1: TO BE COMPLETED BY YOU, THE MEMBER (Please Print)**

\_\_\_\_\_  
**Last Name**

\_\_\_\_\_  
**First Name (Legal Name)**

\_\_\_\_\_  
**Birth Date (MM/DD/YYYY)**

**Best way to reach you with questions:**

Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

**Please read and sign the following disclosure statement:** I understand that my biometric screening data will be released to OSUHP for the purposes of follow-up health education and disease management, data aggregation for program improvement purposes, and/or for the purposes of updating my online PHA. I understand the collection of my health screening data is voluntary and my medical information will remain confidential and protected as required by law under the Health Insurance Portability and Accountability Act (HIPPA).

I further understand that this completed form must be received by OSUHP **no later than 11:59 PM on September 30, 2015** in order to apply for the benefit open enrollment period that begins in October 2015 for the 2016 calendar year.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**SECTION 2: TO BE COMPLETED BY YOUR PCP / PHYSICIAN**

Exam Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Gender:    Male            Female

Height: \_\_\_\_ Feet    \_\_\_\_ Inches

Blood Pressure: \_\_\_\_ / \_\_\_\_ mmHg

Weight: \_\_\_\_ Pounds

Pulse: \_\_\_\_

BMI: \_\_\_\_                      Pregnant: Y / N

**BLOOD PANEL**

**CHOLESTEROL**

Total Cholesterol: \_\_\_\_ mg/dl

HDL: \_\_\_\_ mg/dl

**GLUCOSE**

Fasting Status:     Fasting

Non-Fasting

Blood Glucose: \_\_\_\_\_

A1c: \_\_\_\_\_

Physician/ Provider's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Physician/ Provider's Name (Please Print): \_\_\_\_\_

Office Phone number: (\_\_\_\_) \_\_\_\_\_    Address: \_\_\_\_\_

Please fax completed form to OSU Health Plan at (614) 292-2667 by 09/30/2015