Head, Heart, Hands, Health and Home Runs
A Dynamic Partnership between 4-H and the Dayton Dragons

Hands on activities are held on the plaza outside the stadium. This night is a different night than our 4-H Night with the Dragons game. The target audience is the crowd attending the game. 4 or 5 hands on activities around the “head, heart, hands, health and homeruns” theme are staffers by 4-H Educators and volunteers.

Examples:
- Using a glucose monitor to discover the sugar content of ballpark foods
- Smoothie bike
- Baseball cards produced on site with 4-H facts and pictures
- Corn polymer balls

Crowd favorites are the Dippin’ Dots demonstration and frozen crackers that create dragon’s breath.

The game night includes:
1. Game ticket and t-shirt for $16
2. Parade on the field prior to the game – announcer reads a script during the parade highlighting 4-H membership in each county.
3. Honorary First Pitch – the county with the most participants chooses someone for the first pitch.
4. Honor Guard – 4-H members carry the flag onto the field for the National Anthem.
5. National Anthem – Performers are chosen by the Dayton Dragons through a competitive audition process. Preference is given to a 4-H member for 4-H Night if someone auditions and is chosen.