**Living Healthy in Unhealthy Times**  
Ohio State University Extension Annual Conference  
Holiday Inn, Worthington  
December 13-14, 2005  
Agenda  

**Tuesday, December 13, 2005**

7:30 a.m. – 2:00 p.m.  
OSU Wellness health screenings and flu shots (Upper Terrace)

8:30 a.m. – 5:30 p.m.  
Hospitality Room sponsored by Human Resources and the Leadership Center (Pompeii)

8:30 a.m. – 12:00 noon  
Registration (Lower Terrace)  
Refreshments (Outside Florence/Venice)  
Welcoming music provided by a few of your Extension friends (Lower Terrace)

9:15 – 9:30 a.m.  
Welcome/Opening Session (Florence/Venice)  
Barbara Brahm

9:30 – 10:45 a.m.  
Administrative Update (Florence/Venice)  
Keith Smith  
Barb Ludwig  
Nikki Conklin

10:45 – 11:00 a.m.  
Break  
Music…Your Extension Friends (Lower Terrace)

11:00 – 11:50 a.m.  
Poster Displays (Upper Terrace)  
Concurrent Sessions:

101 How to Sell Extension--From the County to the State Level (Naples I and II)  
Jessica Kahan  
Suzanne Steele

102 A County Approach to Disaster Preparedness Education (Milan)  
David Marrison  
Stephanie Hines  
Dee Jepsen

103 Mission Possible…Healthy Lifestyles for Hispanic Youth in after-school programs (Boardroom Westerville)  
Marisa Warrix  
Joe Konen

104 Managing Agricultural Subsurface Drainage for Downstream Water Quality Improvements (Genoa)  
Bruce Clevenger  
Barry Allred  
Larry Brown

105 Universal Design: Step Into Easy Living (Sienna)  
Christine Price

106 What I Know About How You Invest (DaVinci)  
Cäzilia Loibl

107 Identifying the Health Cost/Benefits of Food Safety Education with Ohio Family Nutrition Program (Powell Boardroom)  
Lydia Medeiros/Mary Kershaw  
Jaime Ackerman  
Joyce McDowell

108 BUCKS Through OSU (BUilding Community, Knowledge and Skills through OSU Partnerships) (Ferrara)  
Karen Bruns  
Nikki Conklin

109 Healthy Food for the Teacher! (Boardroom Messina)  
Melissa Heiselt/Kathy Lechman

110 Family Meals: Building Blocks for Living Healthy (Palermo)  
Pat Brinkman  
Cheryle Jones Syracuse  
Linnette Goard/Shari Gallup  
Cindy Oliveri  
Treva Williams

12:00 – 1:30 p.m.  
Luncheon (Florence/Venice)  
Keynote Speaker: Andrea Camburg, Channel 10 TV

1:45 – 3:00 p.m.  
OEAA Annual Meeting (Florence/Venice)  
OEPA Annual Meeting (Messina)

1:30 – 2:30 p.m.  
Poster Displays (Upper Terrace)  
Concurrent Sessions:

201 How To Sell Extension--From the County to the State Level (Naples I and II)  
Jessica Kahan  
Suzanne Steel

202 Grant Writing (Ferrara)  
Jackie LaMuth

203 Healthy Eating and Exercise in a Fast Paced World (Palermo)  
Liz Smith  
Michelle Lang

204 Just What Am I Supposed to Call You…and Other Questions You May Be Afraid to Ask (DaVinci)  
Kathy Lechman
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:00 – 3:15 p.m.</td>
<td>Break/Music (Lower Terrace)</td>
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<td>3:15 – 4:05 p.m.</td>
<td>Poster Displays (Upper Terrace)</td>
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<td>Concurrent Sessions:</td>
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<tr>
<td>301</td>
<td>Someone to Watch Over Me: End of Life Care Planning (Milan)</td>
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<td>Patrice Rancour</td>
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<td>302</td>
<td>Measuring the Impacts of a Community Program (Ferrara)</td>
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<td>Tom Archer/Ken Martin</td>
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<td>303</td>
<td>Current Farm Management Issues Facing Ohio's Farm Families (Naples I and II)</td>
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<td>Donald Breece</td>
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<td>304</td>
<td>Build Wealth, Not Debt, through Ohio Saves (DaVinci)</td>
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<td>Susan Shockey/Cyndi Renn</td>
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<td>305</td>
<td>Fitness Quest--A Fun Way to Help Kids and Families Work Together to Become Fit (Palermo)</td>
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<td>Michelle Lang</td>
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<td>306</td>
<td>Jump Into Food And Fitness – Before School (Powell Boardroom)</td>
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<td>Larry Hall</td>
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<td>307</td>
<td>Protecting our Profession: Responding to Allegations of Abuse, Neglect or Volatile Environments (Messina)</td>
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<td>Ryan Schmiesing</td>
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<td>308</td>
<td>Write To Influence Supporters: From Legislators to County Commissioners to Granting Organizations (Sienna)</td>
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<td>Suzanne Steel</td>
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<td>309</td>
<td>Operation: Military Kids Reaching Out to Military Families in Our Own Backyard (Boardroom Westerville)</td>
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<td>Theresa Ferrari</td>
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<td>Dona Leonhard</td>
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<td>310</td>
<td>Money Count$: A Financial Education Program (Genoa)</td>
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<td>Jeffrey Lytle</td>
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<td>Barbara Brahm</td>
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<td>4:05 – 4:15 p.m.</td>
<td>Break/Music (Lower Terrace)</td>
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<td>4:15 – 5:00 p.m.</td>
<td>Poster Displays (Upper Terrace)</td>
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<td>Concurrent Sessions:</td>
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<tr>
<td>401</td>
<td>Avoiding Job Burn Out (DaVinci)</td>
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<td>Kathy Lechman/Terri Gustafson</td>
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<td>402</td>
<td>Planning Community Programs to Maximize Impact Reporting (Ferrara)</td>
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<td>Joe Konen/Paul Golden</td>
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<td>403</td>
<td>Ohio Dairy Farm Manure Application Survey (Genoa)</td>
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<td>Jim Hoorman/Steve Prochaska</td>
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<td>Jon Rausch/M. A. Fritz</td>
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<td>404</td>
<td>Creative Funding Strategies for Extension Programs (Palermo)</td>
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<td>Nikki Conklin</td>
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<td>405</td>
<td>Managing on the Edge of Change (Messina)</td>
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<td>Joyce McDowell/Mary Kershaw/Linda Kutilek</td>
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<td>406</td>
<td>Extension’s Business Retention &amp; Expansion Program: A Tool for Engaging in Healthy Community Dialogue (Powell Boardroom)</td>
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<td>Nancy Bowen/David Civittolo</td>
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<td>Mike Daymut</td>
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<td>407</td>
<td>Conducting a Farm Safety Day Camp: Selecting Curriculum, Securing Resources and Recruiting Volunteers (Naples I)</td>
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<td>Glen Arnold</td>
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<td>Dee Jepsen</td>
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<td>Jason Hedrick</td>
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<td>408</td>
<td>It's My Money, My Stuff and My Life: Legal, Financial and Long-Term Care Issues (Sienna)</td>
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<td>Jean Clements</td>
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<td>Jerry Mahan</td>
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<td>409</td>
<td>Developing Healthy Workforce Skills in an Unhealthy Job Economy (Milan)</td>
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<td>Graham Cochran/Nate Arnett</td>
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<td>Carol Smathers</td>
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<td>410</td>
<td>On the Farm and In the Community: The Methamphetamine Battle (Naples II)</td>
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<td>Doris Herringshaw</td>
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<td>Susan Miklovic</td>
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<td>Alan Sundermeier</td>
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<td>6:00 p.m.</td>
<td>Evening Option: ANREP networking dinner</td>
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<td>6:00 p.m.</td>
<td>Evening Option: Reading with Friends over Dinner</td>
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<td>7:00 p.m. - ?</td>
<td>Country/Bluegrass/etc…Music Jam Session (Palermo)</td>
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*For the musically inclined or those who just like to listen and sing along. This will be an informal gathering of co-workers who play guitars, banjos, mandolins, harmonicas, etc. We’ll take turns sharing favorite songs with each other!*
Wednesday, December 14, 2005

6:00 a.m.  Early Bird Fitness Walk
7:30 – 10:00 a.m.  Registration (Lower Terrace)
                 Refreshments (Outside Florence/Venice)
7:30 – 11:45 a.m.  Epsilon Sigma Phi Silent Auction (Upper Terrace)
8:15 – 9:15 a.m.  OEAA Sectional Meetings:
                 Family & Consumer Sciences (Rome I, II and III)
                 4-H Youth Development (Naples I and II)
                 Ag and Natural Resources (Ferrara)
                 Community Development (Palermo)
                 Emeriti Gathering (Milan)
8:15 – 12:00 noon  Hospitality Room sponsored by Human Resources and
                  the Leadership Center (Pompeii)
9:15-9:30 a.m.  Break
9:30 – 10:45 a.m.  Updates with Assistant Directors
                 Family & Consumer Sciences (Rome I, II and III)
                 4-H Youth Development (Naples I and II)
                 Ag and Natural Resources (Ferrara)
                 Community Development (Palermo)
                 Emeriti Gathering (Milan)
10:45 – 11:00 a.m.  Break
11:00 – 12:00 noon  Concurrent Sessions:
                  ESP Annual Meeting (Naples I and II)
                  ANREP Business Meeting (Sienna)
                  501 Avoiding Job Burn Out (Ferrara)  Kathy Lechman/Terri Gustafson
                  502 Beyond the Sidelines: Lessons in
                     Leadership with Jim Tressel (Rome I, II and III)  Beth Flynn
                  503 Tips for Early Career Success in Extension Programming (Messina)
                  504 Today's Competitive Admissions Standards:
                     A System for Success (DaVinci)  David Marrison
12:15 – 2:45 p.m.  Awards Luncheon (Florence/Venice)
                  Teresa Morishita, OEPA President-Elect, Presiding
                  Keith Smith, Master of Ceremonies
2:45 p.m.  Adjourn
2005 OSU Extension Annual Conference Planning Committee

Glenn Welling, Hamilton County, Committee Chair
Glen Arnold, Putnam County, OEAA
Steve Baertsche, Ag and Natural Resources, State
Alice Black, Leadership Education and Development, OEPA
Barb Brahm, Hancock County, OEAA
Chris Bruynis, Wyandot County,
Greg Davis, Community Development, ESP
Beth Flynn, OSU Leadership Center, OEPA
Ann Fremion, Erie County, ESP
Bill Grunkemeyer, Community Development, State
Terri Gustafson, Extension Human Resources, State
Susan Holladay, Clinton County, OEAA
Teresa Johnson, Defiance County, OEAA
Jeff King, 4-H Youth Development, State
Jackie LaMuth, Business Operations, State
J. P. Lieser, Center at Piketon, OEAA
Jim Lopshire, Paulding County, OEAA
Joyce McDowell, FCS Administration, State
Tari Marcou, Leadership Education and Development, State
Ken Martin, Community Development, State
Teresa Morishita, Veterinary Preventive Medicine, OEPA
Mitch Moser, Communications and Technology, State
Laura Jane Murphy, Lawrence County, OEAA
Chris Olinsky, Montgomery County, OEAA
Cyndi Renn, Family Consumer Sciences, OEPA
Dave Samples, Jackson County, OEAA
Vicki Schwartz, 4-H Youth Development, State, ESP
Bonnie Sutherly, Champaign County, OEAA
Cindy Torppa, Center at Lima, OEAA
Treva Williams, Scioto County, ESP
Chris Zoller, Tuscarawas County, ESP