

# FAMILY AND CONSUMER SCIENCES

Ohio State University Extension Family and Consumer Sciences helps people improve their lives and strengthen their communities. We serve thousands of people throughout Ohio every year, delivering high quality education programs developed from evidence-based research that focuses on building healthy finances, healthy people and healthy relationships.



## VISION

Ohioans have the information, tools, and resources to actively engage in creating conditions in which they thrive as individuals, families, and communities.

## MISSION

We facilitate opportunities for people to explore how science based knowledge can improve physical, social, and financial health.

## STATEWIDE REACH

- In 2022, our professionals engaged with **175,308 participants** (68,474 adults and 107,834 youth) through educational programs.
- Financial impact of Ohio's adult FCS volunteer time contribution: **7,491 adult volunteers** donated **19,779 hours of service** with an estimated value of **\$628,972** (2022 data, from the Independent Sector).

## HEALTHY FINANCES

Financial management topics include personal and family finance, housing, and money management: **6,568 participants**, **359 partners** including Ohio Treasurer's office.



## HEALTHY PEOPLE

Programs address topics such as healthy eating and cooking, physical activity, sun safety, food preservation and food safety. Food Safety served **2,649 participants** including **92 partners**; Live Healthy Live Well (LHLW) webinars had **2,094 participants**.

## HOME-BUYER EDUCATION

**14 FCS HUD** certified housing counselors, **530** homebuyers served by **12 FCS professionals**



through the OHFA phone-based financial education sessions. Average home's appraised value was **\$159,880**. Reimbursement for counseling sessions was **\$39,750**.

## DINING WITH DIABETES

Healthy eating, being active, monitoring, taking medications and reducing risks. **689 participants**, **29 community partners**.



## ServSafe LEVEL 2:

Training is the industry standard for food safety education. **1,906 participants** **90%** reported increased food safety knowledge compared to **55%** before the class.



## REAL MONEY. REAL WORLD.

RMRW's financial literacy is suited for youth ages 13-16. **33,000 participants**, **926 volunteer**, **59%** better understood household costs.

## HEALTHY RELATIONSHIPS

Programming offers relationship programs with a primary focus on strengthening individuals and families so they may thrive throughout the lifespan.



## EARLY CHILDHOOD EDUCATION

Programs provide education, support and partnerships in local communities throughout Ohio and states nationwide. Professional development classes were attended by **230** ECE teachers, impacting **3,862** children aged birth to 8 years old.

## SUCCESSFUL CO-PARENTING

These two to three-hour classes are designed to equip parents with the knowledge, skills, tools, awareness and strategies to help their children adjust to divorce now and in the future. During 2022, there were **874** participants and **15** agencies.

## MENTAL WELLNESS

Ohio State Mental Health First Aid Instructors trained **541** in Teen Mental Health and **823** in Adult Mental Health First Aid.



## OSU EXTENSION FCS PARTNERSHIPS

Foundation, Ohio Pharmacy Association, Job and Family Services, Ohio Department of Health, Case Western Reserve University, College of Pharmacy, College of Public Health, College of Medicine, College of Education and Human Ecology, Treasurer's office.



AmeriCorps, Ohio Department of Job and Family Services, Ohio Department of Health and Ohio Department of Agriculture.

## COMMUNITY NUTRITION

**Expanded Food and Nutrition Education Program (EFNEP)** and the **Supplemental Nutrition Assistance Program Education (SNAP-Ed)**. EFNEP serves limited resource adults who care for children, young adults without children, and school age youth. SNAP-Ed is a free nutrition education program serving participants and low-income individuals eligible to receive SNAP benefits or other means-tested Federal assistance programs.



**OHIO**  
**SNAP-ED**

Better food choices for healthier Buckeyes



In 2022, community nutrition programs reached **250,000 adults, teens, and youth** through SNAP-Ed and nearly **10,500** individuals through EFNEP. The Celebrate Your Plate social marketing campaign reached **706,000** Ohioans (and beyond), SNAP-Ed: **51,286** direct education participants, EFNEP: **10,629** participants.

### Social Marketing:

**Celebrate Your Plate:**  
**53,971,870** impressions,  
**706,656** unique reach.



### Employment

OSU Extension FCS employs over **230** staff around the state ranging from faculty to educators throughout the state serving local constituencies.

