Ohio State University Extension Family and Consumer Sciences helps people improve their lives and strengthen their communities. We serve thousands of people throughout Ohio every year, delivering high quality education programs developed from evidence-based research that focuses on building healthy finances, healthy people and healthy relationships.

VISION
Ohioans have the information, tools, and resources to actively engage in creating conditions in which they thrive as individuals, families, and communities.

MISSION
We facilitate opportunities for people to explore how science based knowledge can improve physical, social, and financial health.

HEALTHY FINANCES
Financial management topics include personal and family finance, housing, and money management: 6,568 participants, 359 partners Including Ohio Treasurer’s office.

HOME-BUYER EDUCATION
14 FCS HUD certified housing counselors, 530 homebuyers served by 12 FCS professionals through the OHFA phone-based financial education sessions. Average home’s appraised value was $159,880. Reimbursement for counseling sessions was $39,750.

REAL MONEY. REAL WORLD.
RMRW’s financial literacy is suited for youth ages 13-16. 33,000 participants, 926 volunteer, 59% better understood household costs.

STATEWIDE REACH
In 2022, our professionals engaged with 175,308 participants (68,474 adults and 107,834 youth) through educational programs.


HEALTHY PEOPLE
Programs address topics such as healthy eating and cooking, physical activity, sun safety, food preservation and food safety. Food Safety served 2,649 participants including 92 partners; Live Healthy Live Well (LHLW) webinars had 2,094 participants.

DINING WITH DIABETES
Healthy eating, being active, monitoring, taking medications and reducing risks. 689 participants, 29 community partners.

ServSafe LEVEL 2:
Training is the industry standard for food safety education. 1,906 participants 90% reported increased food safety knowledge compared to 55% before the class.
HEALTHY RELATIONSHIPS
Programming offers relationship programs with a primary focus on strengthening individuals and families so they may thrive throughout the lifespan.

EARLY CHILDHOOD EDUCATION
Programs provide education, support and partnerships in local communities throughout Ohio and states nationwide. Professional development classes were attended by 230 ECE teachers, impacting 3,862 children aged birth to 8 years old.

SUCCESSFUL CO-PARENTING
These two to three-hour classes are designed to equip parents with the knowledge, skills, tools, awareness and strategies to help their children adjust to divorce now and in the future. During 2022, there were 874 participants and 15 agencies.

MENTAL WELLNESS
Ohio State Mental Health First Aid Instructors trained 541 in Teen Mental Health and 823 in Adult Mental Health First Aid.

OSU EXTENSION FCS PARTNERSHIPS
Foundation, Ohio Pharmacy Association, Job and Family Services, Ohio Department of Health, Case Western Reserve University, College of Pharmacy, College of Public Health, College of Medicine, College of Education and Human Ecology, Treasurer’s office, AmeriCorps, Ohio Department of Job and Family Services, Ohio Department of Health and Ohio Department of Agriculture.

COMMUNITY NUTRITION
Expanded Food and Nutrition Education Program (EFNEP) and the Supplemental Nutrition Assistance Program Education (SNAP-Ed). EFNEP serves limited resource adults who care for children, young adults without children, and school age youth. SNAP-Ed is a free nutrition education program serving participants and low-income individuals eligible to receive SNAP benefits or other means-tested Federal assistance programs.

In 2022, community nutrition programs reached 250,000 adults, teens, and youth through SNAP-Ed and nearly 10,500 individuals through EFNEP. The Celebrate Your Plate social marketing campaign reached 706,000 Ohioans (and beyond), SNAP-Ed: 51,286 direct education participants, EFNEP: 10,629 participants.

Social Marketing:
Celebrate Your Plate:
53,971,870 impressions, 706,656 unique reach.

Employment
OSU Extension FCS employs over 230 staff around the state ranging from faculty to educators throughout the state serving local constituencies.