

Supplemental Nutrition Assistance Program Education (SNAP-Ed)



\$13M

Provided by USDA to fund the SNAP-Ed program in Ohio.



1,214

Program Partners have helped us reach SNAP-Ed's target audience.



283,046

Interactions with Adults, Teens, and Other Youth via SNAP-Ed's nutrition and physical education programs.



About SNAP-Ed

SNAP-Ed is a free nutrition education program serving participants and low-income individuals eligible to receive SNAP benefits or other means-tested federal assistance programs throughout Ohio. Nationally, SNAP-Ed operates in 50 states, plus two territories, and targets individuals (youth and adults), and families. SNAP-Ed is funded by USDA's Food and Nutrition Service and serves in partnership with the Ohio Department of Job and Family Services and Ohio State University Extension in the College of Food, Agricultural, and Environmental Sciences. The goal is to improve the likelihood that families and individuals who receive SNAP benefits will make healthy food choices and choose active lifestyles.

Impacts

Celebrate Your Plate, supported by SNAP-Ed funds, is a **social space** for program participants to learn even more from our professionals.

celebrateyourplate.org

After participation in SNAP-Ed, participants report **increasing water, fruit and vegetable consumption as well as physical activity.**

Our SNAP-Ed professionals lead nearly **22,000 educational sessions** (totaling almost 15,000 hours teaching) every year.

Expanded Food and Nutrition Education Program (EFNEP)



About EFNEP

The Family and Consumer Sciences' Expanded Food and Nutrition Education Program (EFNEP) is funded by the National Institute of Food and Agriculture (NIFA) and works through Extension programs at land-grant institutions in every state and in the six U.S. territories. In Ohio, EFNEP is administered by Ohio State University Extension in the College of Food, Agricultural, and Environmental Sciences. EFNEP serves limited-resource adults who care for children, young adults without children, and school-age youth. The program uses interactive discussions and activities to guide participants through a series of community-based classes aimed at improving diet quality, food safety, resource management, food security, and physical activity.



11,848

Ohioans Participated in educational sessions our EFNEP professionals carry out across the state.



16

Ohio Counties Offer EFNEP to members of their communities.



25,000

Limited-Resource Families benefit from the resources made available through EFNEP.

Impacts

Empowering participants — 80% of which live at or below poverty — to **make wise decisions** about the quality of their diets, physical activity, and more.

EFNEP relies on a tremendous **volunteer support network** to carry out the educational responsibility it has to Ohioans.

The scope of EFNEP's work includes **diet quality, food safety, resource management, food security, and physical activity.**



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